



7th May 2010

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With a variety of features - from workshops to funding opportunities to news items - we hope this issue will have something to interest everyone. But please, to help us improve our eBulletins let us know, Are we getting the balance right? Are there areas we should concentrate more on? Are there other things we should be including? Could our presentation be improved, and if so, how?

If you have any views on these questions, or on anything else to do with our communications services, we'd like to hear from you – just phone, write or email.

Comments and suggestions for the [website](#) and e-Bulletin are welcome.

Emails to: lee.stevenson@cvcs-stirling.org.uk or donald.saunders@cvcs-stirling.org.uk

Deadline for contributions is the previous Monday. If you have any queries, please call 01786 469916 and ask for Lee or Donald.

GROUP NEWS

Town Break Driver's Cycle for Charities



Jon Gambles (*pictured left*), a volunteer driver with both Town Break Stirling and the Central Region Ambulance Car Service, is aiming to cycle from the French channel coast to Santiago de Compostela in North-west Spain. He will be following the old pilgrim route through France and Spain to the shrine of St James of Compostela - a journey of over 1,500 miles.

Jon is seeking sponsorship for two charitable causes: **Town Break Stirling**, which provides services for people with Dementia throughout Stirlingshire, and **Mary's Meals** which sets up school feeding projects in communities where poverty and hunger prevent children from gaining an education.

Please visit Jon's two links <http://www.justgiving.com/Jon-Gambles-cycling-for-Town-Break> and <http://www.justgiving.com/Jon-Gambles-cycling-for-Marys-Meals> to make a donation to these two very worthwhile projects and support both of them, and him, along his way.

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EVENTS & TRAINING

Promoting Mental Health & Wellbeing in Children & Young People

Mitchell Library, North Street, Glasgow

Thursday, 13th May, 9.30 am – 4 pm



This one-day workshop acknowledges that anyone working with children and young people will be aware of the importance of promoting mental health to achieve an overall sense of wellbeing and aims to explore how this can be achieved. It will discuss how participants can be more of the issues relating to mental ill-health and how to promote positive mental wellbeing.

The workshop will consist of a mixture of presentations, group discussion and audio visual materials. It will explore aspects of mental health and wellbeing and give some practice-based examples of work in this area including sessions on listening skills and other practical techniques non-specialists can use to offer understanding and support.

N.B. This workshop is aimed at inter-agency staff who work with children and young people in general settings, rather than specialist mental health settings

For further information, costs (and discounts) and booking, phone 0131 222 2426 or visit the website www.childreninscotland.org.uk/events

Building Up Boards

The Albany Learning and Conference Centre, 44 Ashley Street, Glasgow

19th May, 10 am – 4 pm

FREE



The next session of the Building Up Boards training programme from EVOC (Edinburgh Voluntary Organisations Council) will comprise

- **an 'effective meetings and managing conflict' workshop -**
 - *Meeting skills and conflict management for board members*
 - *Effective agenda setting*
 - *Roles of chair, minute secretary and other board members*
 - *Conflict management options*
- **a 'charity finance' workshop -**
 - *Exploring financial responsibility*
 - *Understanding different funds*
 - *Annual and management accounts*
 - *Financial controls and records*
 - *Regulations and reporting*
- **a 'getting diverse groups on board' workshop –**
 - *The benefits and challenges of involving service users and young people*
 - *Exploring their involvement*
 - *Support and resources*
 - *Monitoring success*

- *Action plan – what next for your project?*

Past BUB events have proved an invaluable training resource for trustees and board members of all types of voluntary organisations. This is a last chance to participate, as the project will finish at the end of May. If you're interested, contact Nina Martyka at nina.martyka@evoc.org.uk or phone her on 0131 555 9121/9100.

WHA Awareness Raising Bus Tour

Corn Exchange Road, Stirling
21st May, 9.30 am – 12 pm



The World Hepatitis Alliance (WHA), together with the Hepatitis C Trust and five NHS boards, has organised a week of events around Scotland to highlight World Hepatitis Day and carry the WHA Message to local communities.

A WHA bus will be at the above venue, manned by nursing staff and patients who will provide information and contact details for local services, and tell their own stories about hepatitis C.

For more information, visit the website www.minumber12.org or contact Petra Wright on 0131 7770989, email petra.wright@hepctrust.org.uk.

Older Families Charter for Change Conference

City Chambers, Edinburgh
Wednesday, 16th June, 10.30am -1pm (lunch from 1 - 2pm)



Figures produced for the Scottish Government suggest about 20% of people with learning disabilities live and are cared for in the family home by family members over the age of 65. Little has been done to plan and prepare for when the older family carers are no longer able to care for their relative with a learning disability.

The Conference will launch the **Charter for Change**, to start making a difference to older families in every part of Scotland. This outlines 5 simple steps that can be taken to make life easier for this group of people and to plan for the long term needs of older carers and the needs of those that they care for. These are:

1. Local government should collect accurate information on the numbers, needs and location of older carers and adults with learning disabilities living in the family home to facilitate good strategic planning.
2. Every adult with a learning disability living with an older carer should be able to have a person centred plan to which supports them in leading full lives, making and keeping friends and keeping in touch with their families if they leave home.
3. In each local authority area there should be a dedicated officer for older families to provide local information, support access to services, identify their needs and plan for how they will change over time.

4. Every adult with a learning disability living with an older carer should be able to have an Individual Emergency Plan which identifies what could be done in specific crisis situations.
5. Every family with older carers across Scotland should have the opportunity to access independent advocacy services.

Speakers at the event will include the Minister for Public Health Shona Robinson MSP, Carers Groups from across Scotland and Voluntary Organisations. The Conference is sponsored by Quarriers, Enable Scotland, the Princess Royal Trust for Carers, the Learning Disability Alliance Scotland and EDG (Edinburgh Development Group).

Full details at www.charterforchange.com Book your place by calling EDG on 0131 476 0522, or email elea@edg-sco.org

Workplace Alcohol and Drugs Workshop

Carronvale Conference Centre, Carronvale Road, Larbert
Thursday, 24th June, 9.30 am - 1.00 pm.



The Scottish Centre for Healthy Working Lives, in partnership with Alcohol Focus Scotland and Scottish Drugs Forum, has developed a half-day training programme which is designed to give information and guidance to employers to help deal with workplace issues on both alcohol and drugs.

The sessions will enable **employers/ managers** to create a greater awareness around alcohol and drugs in their workplace and provide them with the knowledge and skills to deal with issues as they arise.

On completion of the training course, participants will have:

- Increased knowledge of the impact of alcohol and drugs on the workforce
- Increased knowledge of all forms of substances and their impact on the individual and workplace
- Increased awareness of the legal framework within which to implement workplace alcohol and drugs policies
- Increased awareness of development and implementation of alcohol and drugs policies
- Increased confidence in dealing with staff issues around alcohol and drugs

For more information and to book a place, please contact Kathleen Gilmour on: 01786 431130 or email kathleen.gilmour@nhs.net

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VOLUNTEERING & EMPLOYMENT

Central Scotland Racial Equality Council (CSREC)

Part-time Interpreting Coordinator

£20,388 pro rata; 15 hours per week (Monday – Friday, 9am – 5pm)

Based in Falkirk

Temporary for 6 months, with potential for extension

CSREC is a voluntary organisation working towards the elimination of discrimination and promoting equality and good relations within the diverse communities it serves. We are looking for a part-time Interpreting Co-ordinator to implement, deliver and monitor an interpreting service within CSREC.

Our strong and ever-growing team of experienced and qualified interpreters provides confidential, efficient and high-quality interpreting and translating across Central Scotland. All major community languages are covered. Our customers include agencies from the statutory, voluntary and private sector.

An application pack is available for download at <http://www.centralscotlandrec.org.uk>. Alternatively, contact us on 01324 610950 or e-mail admin@centralscotlandrec.org.uk

Closing date: 12 noon, Friday 21st May 2010.

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FUNDING & AWARDS

Voluntary Sector Development Fund

The Scottish Government has now published the application form, equality monitoring form and guidance notes for the 2010 Voluntary Sector Development Fund (VSDF).

The purpose of the VSDF is to contribute to the costs associated with meeting the qualification criteria set by the Scottish Social Services Council for registration, and to assist employers in achieving a qualified workforce. This year the fund will support the following:

- Managers of care home services for adults
- Supervisors of care home services for adults
- Practitioners of care home services for adults
- Support workers in care home services for adults
- Managers of adult day care services
- Residential child care workers
- Residential child care workers with supervisory responsibilities
- Managers of residential child care services
- Managers of housing support services
- Care at home managers

Application forms and guidance notes are now available on the Workforce Unit website. For more information, and to apply, visit www.ccp Scotl and.org/workforceunit/information/voluntary-sector-development-fund-information-and-forms Applications must be returned to the Scottish Government by Friday, 3rd September.

Scottish Community Foundation Awards

The latest batch of awards from Scottish Community Foundation has seen three Stirlingshire groups receive a cash boost, receiving more than £11,000 in grant funding between them. In total, more than £80,000 was handed out to various groups across Scotland

- **Kippen Sports Development Ltd** received a £5,000 award which will be used to contribute towards the cost of providing a covered seating area as an add-on to the main project.
- **The Breadalbane Lifelong Learning Trust** also picked up a £4,032 award. This will be used to contribute towards the salary costs of a learning assistant one day per week to support users of the Internet Learning Café in Killin.
- **The Doune and Dunblane Fling** received a cash injection of £2,172 to go towards hall, PA, equipment, performers, publicity and administration costs.

Visit www.scottishcf.org/ for full information on Scottish Community Foundation grants and how to apply for them, or you can phone the Grants team directly on 0141 341 4960.

Funding for Homeless Projects

Help the Homeless, the national charity which aims to help homeless people throughout the UK to resume a normal life, has announced that its grant programme is open to applications from small and medium sized charities and voluntary organisations.

Grants of up to £3,000 are available towards capital costs to support projects that assist disadvantaged individuals in their return to mainstream society, through residential or training facilities. Grants to larger charities may be considered if the project is suitable innovative and only possible for a larger organisation to develop it.

There are four application deadlines a year - next is 30th June. For more information, and to download an application form, visit www.help-the-homeless.org.uk/Grants.htm

The Lintel Trust: Older People's Programme



The Lintel Trust has been helping to provide good quality housing and related support services to people in housing need in Scotland for nearly 30 years.

This new programme aims to improve the lives of older people by providing grants to innovative projects which help people to live full and independent lives in their own homes and to fully participate in their communities.

Voluntary, not-for-profit organisations operating in Scotland can apply. *Please note that the Trust does not fund individuals; large capital projects; holidays; vehicles; general appeals or projects that are not housing related.*

To find out about all the Lintel Trust Grant-giving Programmes, and how to apply, go to <http://www.linteltrust.org.uk/index.html>

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SOCIAL ENTERPRISE

Creating a Difference - *introduction to cultural social enterprise*

The Lighthouse, Glasgow

26th May, 10.30 am – 3 pm

FREE

This conference aims to bring together those from the cultural and social enterprise sectors. The event will include a Chaired panel of experts and a range of workshops to choose from.

Senscot and the Scottish Arts Council are hosting the first Culture and Social Enterprise Conference on May 26th (11am-3pm) at The Lighthouse in Glasgow. The conference aims to raise awareness of social enterprise amongst cultural organisations in Scotland. Speakers include Sergio López Figueroa, founder of the Big Bang Lab and Derek Marshall, Operations Director of The Factory Skatepark in Dundee. Workshops on the day will include introduction to social enterprise, measuring social impact and asset transfer. For the programme, go to <http://social-capital.net/senscot/art5.php>

Although places are free (courtesy of the Scottish Arts Council) they must be booked in advance. Contact Victoria Pearce, email victoria@senscot.net

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OTHER NEWS

Survey on Tobacco Issues

The Local Tobacco Alliances project (undertaken by ASH Scotland, with support from the Scottish Government and NHS Health Scotland) aims to encourage and support the development of multi-sectoral alliances working on tobacco-related issues at a local level.

A key area for development in strengthening these Alliances is to encourage and support stronger partnership working between statutory organisations and community and voluntary sector organisations on tobacco-related issues. This was identified in recent case study research. [<http://www.ashscotland.org.uk/ash/8006.1839.html>]

In an effort to assist this partnership working, ASH Scotland and NHS Health Scotland are working together with CHEX and Voluntary Health Scotland, in planning a national event in September this year to explore the opportunities of Alliance working, challenges, and solutions to identified issues.

In preparation for the planning of this event they want to find out:

- the involvement of voluntary and community organisations' in tobacco issues;

- current voluntary and community organisations' general partnership working with statutory and voluntary organisations;
- the interest that voluntary and community organisations have in engaging in this work.

To this end they have put together a short on-line survey of 6 questions - please can you take 5 minutes to give us your views. Just click on the link

<http://www.surveymonkey.com/s/6ZN3CRC>

To register your interest in attending the event email janet.wilson@ashscotland.org.uk. The case study document can be accessed on the ASH Scotland website.

Zero Waste Campaign

A major campaign to encourage Scotland to recycle more - and more often - was launched last week.

A Scottish Government report has provided the first overview of how well Scotland is recycling as a nation. While it shows some items such as newspapers, magazines and glass are being recycled at high levels, it also shows which waste streams are performing less well and now need to be targeted.

The Zero Waste recycling campaign will work in partnership with local authorities and grocers to educate the public on how they can do their bit in their local area in the form of nation-wide road shows. Television, radio and outdoor adverts will be seen across Scotland for up to six weeks.

Some waste facts:

- * *The average Scottish household throws out 260kg of recyclable items each year.*
- * *householders now recycle more than a million tonnes a year*
- * *nearly 36 per cent of all Scotland's municipal waste is now recycled*



Look out for the **10-foot blue elephant** (based on the campaign logo, left) which will be touring iconic locations across Scotland to remind people to recycle more items, more often. It will also appear at various supermarkets.

For more about the campaign, visit

www.scotland.gov.uk/News/Releases/2010/04/14092840, and for more on Zero Waste visit www.scotland.gov.uk/Topics/Environment/waste-and-pollution/Waste-1.

Have you seen the SPARRA?

By Bill Weir, Partnership Development Officer, Voluntary Health Scotland



Scottish Patients at Risk of Readmission and Admission (SPARRA) is a tool developed by the Information Services Division of NHS Scotland (ISD) to predict a person's risk of being admitted to an acute hospital as an emergency in a given year.

SPARRA identifies those individuals who have been admitted as an emergency in-patient in the last three years and who are at greatest risk of another emergency admission in the coming year.

The information is distributed by ISD to NHS Boards and CHPs on a quarterly basis, listing each NHS Board area's most at-risk individuals – it now includes psychiatric admissions as well as admissions for many other long-term conditions.

With the third sector already supporting many of the most vulnerable people in our society, your organisation may already be providing care or support to people on the SPARRA list in your area.

As we have noted in our articles on *Shifting the Balance of Care*, future care will increasingly be provided by extended multi-disciplinary, multi-agency community teams working across organisational boundaries, and it is expected that appropriate third sector organisations will be an integral part of these local teams.

Using SPARRA data regularly and systematically will prompt opportunities for discussion within these extended community teams. Instead of reactive or crisis care, individuals and their carers will receive an improved service through a more robust assessment and care planning approach, delivering continuous, supportive care with a single point of co-ordination. This will improve the care experience, support care at home and may prevent avoidable hospital admissions.

Third sector organisations should take every opportunity to engage with their CHP at a local level to ensure they are kept abreast of the development of community teams and are able to contribute to their development at an early stage.

The output from SPARRA is there to support all members of the extended team to provide the best outcomes for clients, and its effective use by members of the third sector within a local partnership will hopefully become commonplace in future care delivery.

For more information on SPARRA contact Mark Sanderson at m.sanderson@nhs.net

Voluntary Health Scotland, Top Floor, 35 Melville Street Edinburgh EH3 7JF, tel. 0131 220 9942.

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