

CVS Stirling e-Bulletin 3rd. April 2009



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Well, we're settling into our new offices in the Norman MacEwan Centre, and looking forward to operating from what we believe will be a thriving voluntary services community in the heart of Stirling.

Having CVS, the Council on Disability, Stirling Area Access Panel and the Citizens Advice Bureau together in the one block should be good news for clients in terms of access and service delivery, and offers great scope for co-operation and partnership working with our neighbour organisations.

Please note that we are currently unable to distribute hard copies of this e-Bulletin: for those who normally receive it in this format, we will include a copy with the next issue.

Comments and suggestions for the [website](http://www.cvs-stirling.org.uk) and e-Bulletin are welcome.

Emails to: lee.stevenson@cvs-stirling.org.uk or donald.saunders@cvs-stirling.org.uk

Deadline for contributions is the previous Monday. If you have any queries, please call 07531 1368441 and ask for Lee or Donald.

RELOCATION UPDATE



We are still waiting for telephone and internet connections for our new offices. In the meantime, we are able to access and reply to emails, and can be phoned at our **Interim Contact (mobile) Number: 07531 1368441.**

**CVS Stirling
Norman MacEwan Centre
Cameronian Street
Upper Craigs
Stirling FK8 2DX**

FORTHCOMING EVENTS

SCVO Open Evening

Mansfield Traquair Centre, 15 Mansfield Place, Edinburgh
Tuesday 7th April, 6 – 8 pm

Do you want to save resources and be as effective as possible? If the answer is yes, then come along to SCVO's open evening to find how they can help you.

There will be **free wine and nibbles**, plus you can take a **tour** around the venue with a Heritage Events guide, as well as **finding out** more about SCVO membership and support services such as Payroll, IT support, desk and meeting space hire.

If you would like to come along please RSVP to: kelly.easton@scvo.org.uk

'Tartan Ten' Charity Walk

Kingshouse Hotel, Balquhidder

26th April, 10.30 am (10-mile challenge) or 1 pm
(10K challenge)

This month, a charity walk will take place through some of Scotland's most scenic landscapes, taking in parts of Gleann Dubh and Glen Ogle in the Balquhidder/Locheearnhead area.



The Muscular Dystrophy Campaign is repeating the popular 'Trossachs Tartan Ten Trek' for the fifth time this year. Participants are invited to "turn up in tartan" to suit the theme of the event.



With a choice of 10K or 10 miles, including a suitable route for powered wheelchairs, the event provides a challenge for both keen walkers and family groups.

Both walks register and finish at the Kingshouse Hotel, Balquhidder, with transport provided to the start in Glen Ogle. Staff and volunteers from CND Scotland will be on hand to make everything run smoothly.

- The 10-mile challenge sets off at 10.30am on a specially selected route through Gleann Dubh, returning through woodland to Kingshouse Hotel.
- At 1pm the 10K walkers will join the event, following the old railway line towards Locheearnhead and meeting up with the longer route for the final part.

All ages can take part, but children under 12 must be accompanied by an adult. Dogs are welcome, but must be in the care of an adult.

Participants are also encouraged to support the fight against muscle disease by raising sponsorship for the Muscular Dystrophy Campaign.

Further information and entry forms are available from Margaret on 01324 810958 or email scotland@muscular-dystrophy.org

'Be Active at Work'

Albert Halls, Stirling

Thursday, 30th April, 10 am – 12.30 pm (coffee & registration from 9.30 am)

FREE

This ½ day seminar aims to share good practice and raise awareness about the wide range of resources available to support employers in promoting physical activity in the workplace.

*The programme will include presentations from **Paths to Health, Jog Scotland, Cycle Scotland and Healthy Working Lives.***

If you are interested in attending, and would like further information, please contact Anita Yule, Senior Health Promotion Officer – Physical Activity on 01786 431128, email anita.yule@nhs.net

Strathcarron May Ball

Inchrya Grange Hotel, Polmont

Friday, 8th May, 7 pm

Tickets: £50



Strathcarron Hospice's annual May Ball will be held at the above date and venue. Tickets are available from the hospice funding department – 01324 826222.

FRESH - Fintry Renewable Energy Show 2009

8th – 9th May

The Fintry community hit the headlines in 2004 when they persuaded a private developer to add an additional wind turbine during the construction of a nearby wind farm. The community were to raise the finance to cover the additional costs of the community-owned turbine and then recycle the substantial profits back into a range of local projects.



Now Fintry Development Trust and Fintry Renewable Energy Enterprise are organising a two day event – FRESH '09 - to share their experience with other communities. The event is in two parts:

Friday 8th May - Business Day

- FDT half-day conference: seminars from local projects throughout Scotland
- Visit to Earlsburn windfarm
- Trips to working installations of micro-renewables and domestic energy saving installation

- Moving Conversations event in the evening
- On-going exhibition

Saturday 9th May - Family Day

- Tech talks - what low-energy technology is right for me?
- Visit to Earlsburn windfarm
- Educational activities provided by Glasgow Science Centre
- Trips to working installations of micro-renewables and domestic energy saving installations
- Evening concert in partnership with Fintry Music Festival

(Exhibition space available for both days at a nominal fee.)

For more information, email enquiries@fintrydt.org.uk or visit www.fresh09.org.uk

Scottish Tobacco Control Alliance (STCA) Annual Meeting

Dundee

19th June

- * ***Are you in a community health project, healthy living centre or anti-poverty project with an interest in reducing smoking rates locally?***
- * ***Did you know that there is an alliance of like-minded groups that holds regular meetings and offers help and support in doing just that?***

The STCA is a forum for everyone in Scotland with a role to play in reducing the burden that tobacco imposes on the nation's health and economy.

Recently, it has brought people together to talk about issues such as smoke-free grounds, school policy, smoking and mental health, helping people who smoke cannabis and tobacco to stop, incentive schemes for stopping smoking and tackling smuggled tobacco. The input provided by people working in community health settings has been really valuable but more voices are needed to help influence national policy making.

The Meeting will focus on smoking and deprivation. Why not join the STCA and send representatives to STCA meetings and seminars to learn and to share what you know about changing Scotland's health culture for good?

For more information about the benefits of STCA membership and news of meetings and learning days, visit the website www.ashscotland.org.uk/ash/5226.1165.html or phone David Robertson, Alliances Manager, on 0131 225 4759. Email: DRobertson@ashscotland.org.uk

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SOCIAL ENTERPRISE

Trading With Private & Public Sectors

Are you interested in selling your goods and services to the **Private Sector**?

The Scottish Council for the Development of Industry (SCDI) are keen to expand trade between social enterprises and their private sector members. They have kindly offered to put together a list of social enterprise suppliers which would be distributed to SCDI members and carried on both their website and SSEC's. If your business would like to participate, please email Kate at admin@ssec.org.uk with the subject title '**SCDI Suppliers Directory**' - in the following table form:

Name	Location	Description of Goods and Services	Contact details/website
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... or the **Public Sector**?

Public Contracts Scotland is a new national portal for public contracting opportunities. You can register as a supplier, or browse available contracts, at www.publiccontractsscotland.gov.uk

Procurement Workshop

Raploch Community Campus,
Wednesday 21st April

You may already be aware of this event through the Stirling Council website, from Stirling University Innovation Park or by attending the Stirling Business Panel launch at Craigforth. If you have not already done so, you can register for the event by contacting panel@stirling.gov.uk and requesting a form.

Please send completed registration forms to Stirling Business Panel, Stirling Council, Economic Development, Viewforth, Stirling FK8 2ET.

S2S Trade Fair

Corn Exchange, Edinburgh
23rd April

This year's Trade Fair theme is **The Marketplace**, and the Fair will provide the perfect arena for social enterprise organisations or those with an interest in the sector to meet, trade, exchange ideas and establish new relationships.

Further information and booking is available via the website at www.s2stradefair.com, email fionamac@eventconsultants.com or telephone 0131 557 5767.

First SIF Beneficiaries Announced

Two social economy businesses offering services that benefit the community have been announced as the first organisations to receive support from the new £30m Scottish Investment Fund (SIF).



Under the new Scottish Government fund – which is managed by Social Investment Scotland (SIS) - Glasgow based **Momentum Scotland Ltd** and Edinburgh's **Out of the Blue Arts and Education Trust** will receive just under £1m between them to develop their respective operations.

- * The Scottish Investment Fund was created to support established Third Sector organisations which have the potential to grow their turnover or become financially sustainable.
- * It aims to provide innovative financial solutions to social enterprises that operate as more than profit businesses.
- * The fund is also a source of finance for Third Sector businesses which may have difficulty accessing funds from mainstream lenders such as banks.

Momentum, which provides training and employment for people with mental health difficulties, is to receive £500,000 (a £200,000 grant and £300,000 in loans) to help finance its new £1.2 million Glasgow headquarters.

Out of the Blue meanwhile will benefit to the tune of £425,000 (£175,000 grant and £250,000 loan). The project - which offers space and opportunities for local artists and people facing barriers to creativity - plans to put the cash towards a wider £737,000 refurbishment of its current venue - including 14 new studios and a new viewing gallery to increase its capacity to 600 and enhance its prospects as an events venue.

Social Investment Scotland (SIS) is looking to make SIF disbursements to around 60-80 organisations over the next three years.

Announcing the awards, Craig Campbell, Chief Executive of Social Investment Scotland, said:

“This is a major milestone for the Scottish Investment Fund as we announce the first investments designed to help recipients develop their potential and make a positive difference to the communities they serve.

Enterprise Minister Jim Mather added:

“I am delighted to see the Scottish Investment Fund, one of the new funds we created, support established Third Sector organisations such as Momentum Scotland and Out of the Blue...

“It is especially important in the current climate that we harness the Third Sector’s ability to help increase sustainable economic growth, build on our economic recovery programme and help Scotland emerge faster and stronger from the downturn.”

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FUNDING

Self Management Fund launched

The Long Term Conditions Alliance Scotland (LTCAS) has announced that the **Self Management Fund for Scotland** is now open for applications.



LTCAS
LONG-TERM CONDITIONS
ALLIANCE SCOTLAND
people not patients

The Fund (set at £2 million per year over the next two years) is available to voluntary organisations and community groups throughout Scotland to support work to encourage people living with long term conditions to learn more about the management of their condition, and to become active partners in their own care.

The Self Management Fund is a key recommendation of ‘**Gaun Yersel – The Self Management Strategy for Scotland**’ published in 2008 in partnership between LTCAS and the Scottish Government. The strategy calls for:

- People to have more access to high quality information about their condition and its impact on their life.
- People to have more access to support including peer support.
- Increased provision of emotional and mental health support for people with long term physical conditions.
- A change in culture so that people – those receiving and those delivering services – have the confidence and capacity to work together as partners.
- Better partnership working by NHS, voluntary sector and local authorities.

It will encourage good practice to be shared and innovative approaches to be developed. LTCAS will work with those organisations who will receive funding to capture learning gained through the projects and share this widely across Scotland.

Full details including guidance notes, eligibility and criteria for the fund can be found at the LTCAS website www.ltcas.org.uk where an application pack can also be downloaded.

People’s Millions Contest Is Back

The People’s Millions partnership between the Big Lottery Fund and ITV is back for a fifth year. Fourteen awards of up to £700,000 can be won by community projects in Scotland that enhance local facilities or people’s enjoyment of their local area – 5 in stv Central, 5 in stv North and 4 in ITV Borders.

Entries are now open – entry packs are available from the hotline 08450 10 11 12 or at the website www.peoplesmillions.org.uk

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GROUP NEWS

Play Support for Hospital Kids

Action for Sick Children (Scotland) is funding an innovative new project in NHS Forth Valley: the **Community Play Specialist pilot project**.



The project, believed to be the only one of its kind in Scotland, aims to work with children, young people and families who need Play Specialist help before or after attendance at specialist or tertiary health centres. The kind of support offered will include:

- Diversion/distraction
- Play preparing for, or following on from, hospital stay or procedures
- Short-term loan of play equipment
- Information and guidance

You can find out more about the project from Amy Joss, Community Play Specialist, Stirling Royal Infirmary, email amy.joss@nhs.net Message phone: 01786 433675.

Local Housing Association Milestone

Forth Housing Association have just announced completion of their 500th home for rent.

The organisation was set up 21 years ago to help provide good quality housing for people in Stirling and the surrounding area. FHA is a registered charity, and like all housing associations, it is run by an elected committee of volunteers.

New homes for rent in the pipeline include 34 in Cambusbarron, and 50 in Raploch (the first of which are due for completion in 2010).

Forth Housing Association is based in 2 Viewfield Place, Stirling, telephone 01786 446066. Website address is www.forthha.org.uk

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OTHER NEWS



Keep Scotland Beautiful

Raploch Litter Partnership

Following a street survey of Raploch residents which showed widespread concern at the amount of littering and fly-tipping in the area, the '**Clean Start for Raploch**' campaign was initiated.

The campaign is funded by the Raploch Litter Partnership, which is made up of Raploch Community Partnership, Raploch URC and Stirling Council. Its aim is to recruit between 50 and 100 volunteers to help clean up the area.

While the Partnership will provide funding and equipment, the campaign's success will ultimately depend on local people getting involved and pitching in.

The 'Clean Start for Raploch' is part of the 'Keep Scotland Beautiful' campaign. Last year, 20,000 volunteers throughout Scotland got involved in litter clean-ups, and the hope is that this year the Raploch community will do their bit. Free clean-up kits can be ordered from www.keeptoscotlandbeautiful.org/springclean

Community Empowerment Action Plan

The Community Empowerment Action Plan, jointly developed with COSLA and colleagues in the Third Sector, was announced on 23rd March, and encourages people in both rural and urban areas to participate in the running of their neighbourhoods.

The action plan provides clarity on what community empowerment is, why it is important and how communities can get involved. A range of best practice examples from across Scotland are set out, providing information and inspiration for people who want to have a say in the decisions affecting their communities.

There is also information on the variety of grants that are accessible to community groups, providing potential investment of around £180 million from a range of government sources.

You can read the action plan at www.scotland.gov.uk/Publications/2009/03/20155113/0 . If you have any questions or comments on the Action Plan and the community empowerment agenda, contact communityengagement@scotland.gsi.gov.uk

Report Reveals Charity Stigma

With soaring unemployment, home repossessions and widespread financial stress people should be turning to charities in their droves. But recent research shows that **one in four adults** is still ashamed or embarrassed about receiving charitable support, and that stigma is a real barrier to accessing assistance from charities.

The Charity Commission asked more than 3,700 people about their perception of charities. Of those, 28% said they would be embarrassed to receive free help from a charity.

The report, '**A Balancing Act: New Perspectives on the Charity/Beneficiary Relationship**', also highlights how demand for charitable help exceeds supply. More than a third of the 2,000 organisations surveyed say that they cannot fulfil some requests for help. 19% say they have been unable to get funding for new activities or people, and 16% state they cannot secure funding to maintain ongoing services or activities.

'A Balancing Act' can be viewed at charity-commission.gov.uk

World Assembly Falls Victim To Credit Crunch

This year's Civicus World Assembly has had to be called off – because of funding problems ultimately caused by the economic downturn.

The annual event has been held in Glasgow for the last three years, and the 2009 Assembly was supposed to take place in Montreal. However, it was likely that the global financial crisis would prevent many delegates from attending. The next Assembly will instead be in 2010.

Civicus is an international movement to promote civil society. The Assembly would have been an opportunity for international organisations including NGOs, faith groups, trade unions and others to come together to seek solutions to the current crisis.

So a situation that might benefit from the coming together of concerned organisations is the same situation that prevents this from happening. The irony will not be lost on charities and voluntary groups whose work is now more important than ever, yet who are struggling more than ever just to survive.

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