

# CVS Stirling e-Bulletin 11<sup>th</sup> Sept. 2009



## In this issue:

- ⇒ **FORTHCOMING EVENTS**
- ⇒ **TRAINING & RESOURCES**
- ⇒ **FUNDING & AWARDS**
- ⇒ **SOCIAL ENTERPRISE**
- ⇒ **GROUP NEWS**
- ⇒ **OTHER NEWS**

This month and next are packed with events for voluntary sector groups. We've identified a few of particular interest and importance, and hope you will take full advantage of them.

Whatever you're planning, we hope you can make time to come to our AGM on 23<sup>rd</sup> September (see below). It's been an eventful year for CVS, and the meeting should reflect this. As always, we're keen to hear what you have to say and to answer your questions.

Comments and suggestions for the [website](#) and e-Bulletin are welcome.

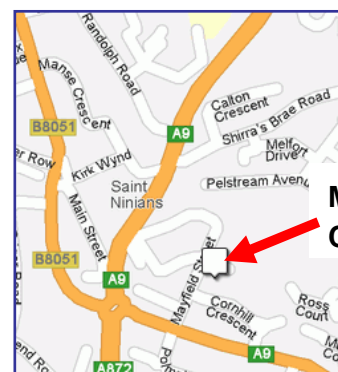
Emails to: [lee.stevenson@cvs-stirling.org.uk](mailto:lee.stevenson@cvs-stirling.org.uk) or [donald.saunders@cvs-stirling.org.uk](mailto:donald.saunders@cvs-stirling.org.uk)

Deadline for contributions is the previous Monday. If you have any queries, please call 01786 469916 and ask for Lee or Donald.

## FORTHCOMING EVENTS

### Anne McGuire MP to Address CVS Stirling AGM

Mayfield Community Centre, St Ninians, Stirling  
Wednesday, 23<sup>rd</sup> September, 11 am – 2 pm  
Parking  Disabled access



Mayfield Centre

Our **Annual General Meeting** will be held at the above time and venue. In keeping with our tradition of inviting notable speakers to these events (last year our guest speaker was Provost Fergus Wood), we welcome Anne McGuire, MP for Stirling, who will address the meeting following business.



Anne McGuire has strong connections with the voluntary sector. After training as a teacher, she gained most of her work experience in management in the sector. She has also worked with multi-disadvantaged young people and adults with learning difficulties and was one of a small group of volunteers who pioneered home-based care for the latter.

There will be opportunities for questions, and a chance to catch up and network over a buffet lunch. We hope to see you there.

To help our arrangements, please let us know if you will be attending by phoning 01786 469916, by email to [lee.stevenson@cvs-stirling.org.uk](mailto:lee.stevenson@cvs-stirling.org.uk) or by post to CVS Stirling Norman MacEwan Centre, Cameronian Street, Stirling FK8 2DX.

## Local Networking Event: Partnership Working

ACOSVO Network of Chief Officers of Voluntary Organisations

Citizens Advice Direct. 2<sup>nd</sup> floor, 88 Bell Street, Glasgow

15<sup>th</sup> September 12 – 2pm

Cost £10.00 (lunch included)

To book for the above event, please visit the ACOSVO website: [www.acosvo.org.uk](http://www.acosvo.org.uk)

## Single Equality Scheme Events

- Stirling Royal Infirmary, Conference Centre  
16<sup>th</sup> September, 6.30 - 8.00
- Forth Valley Sensory Centre, Camelon (BSL Interpreters available)  
21<sup>st</sup> September, 6.30 - 8.00
- Clackmannan Hospital (in patient entrance)  
22<sup>nd</sup> September, 6.30 - 8.00
- Forth Valley Sensory Centre, Camelon (BSL Interpreter available)  
29<sup>th</sup> September, 3.30 - 5.00 in

To help inform their **Single Equality Scheme**, NHS Forth Valley is holding local events at the above dates and venues, and invites you to attend and discuss how to ensure healthcare services and employment opportunities are fair and accessible for all.

Equality matters means making sure the healthcare treatment each person receives is appropriate and fair. Equality is about:

**Age** (including both young and older people); **Disability** (including physical sensory and mental health); **Gender** (including transgender people); **Race/ethnicity**; **Religion/faith** groups; **Remote** and rural communities and **Sexual orientation** (including lesbians, gay men, bi-sexual and heterosexual people)

To book a place at one of the above events, please contact Lynn Crombie on 01324 574377 or email [lynn.crombie@nhs.net](mailto:lynn.crombie@nhs.net), letting her know if you have any specific requirements, You can also send feedback or comments via the web site [www.nhsforthvalley.com](http://www.nhsforthvalley.com) - [Equality Survey](#).

## 'Bringing the Strands Together'

Albert Halls, Stirling

Wednesday, 23<sup>rd</sup> September, 9 am - 1 pm

Community Learning & Development



This seminar from Stirling Community Planning Partnership looks at what community learning and development is, the contribution a range of partners make, and the contribution community learning and development makes to the Single Outcome Agreement.

It also aims to explore the contribution which a range of partners make to community learning and development in Stirling. SCPP are particularly keen to include the wealth of expertise and good practice which exists in the voluntary and community sector.

if you are interested in attending or want to find out more, please contact [resourcecentre@stirling.gov.uk](mailto:resourcecentre@stirling.gov.uk) or Communities Team, Community Resource Centre, 15 Dumbarton Road, Stirling, FK8 2LQ

## Community Resilience to Influenza Outbreak Seminar

British Red Cross Area Office, Grangemouth Road, Falkirk

Thursday 24<sup>th</sup> September, 2 - 4pm and 6 - 8pm (repeat)

This workshop event is about an issue of importance to all of the voluntary sector, but particularly those organisations with a care function. It will be run twice (*see above*) to accommodate as many providers as possible.

As you're no doubt aware, planning is under way to cope with the pandemic spread of influenza, with expectations that incidents will increase as we move into the autumn months. Multi-agency groups are carrying out various planning tasks, and one particular group is the **Community Resilience Group**.

**The focus of this group is to ensure that if services (in particular care and community support groups) experience significant drops in staffing levels, there should be enough support across the voluntary sector (including charitable and private providers) to provide cover for the most vulnerable members of the community.**

To this end, voluntary groups are invited to the workshop event and encouraged to pass on the invitation to other voluntary organisations which would benefit from it.

Please reply to Vicky Wan, Forth Valley Health Partnership Project, CVS Falkirk and District, phone 01324 692010, Fax: 01324 692001, email [Vicky@cvsfalkirk.org.uk](mailto:Vicky@cvsfalkirk.org.uk) There will also be a questionnaire the organisers would like your organisation to complete to help them coordinate their response – contact Richard at [rogrady@clacks.gov.uk](mailto:rogrady@clacks.gov.uk) about this.

## Enabling Independent Living

***A Joint Symposium in partnership between The Scottish Government & the University of Stirling***

Iris Murdoch Centre, University of Stirling

30<sup>th</sup> September, 9.30 am – 4 pm

This event will bring together stakeholders from carers, users, housing, health and social care to exchange knowledge about issues and develop solutions and opportunities for action

and research. The aim is to identify practical ways in which to shift existing boundaries for people to live in their homes (private and public sector) for longer.

Some issues that will be addressed:

- Suitability of physical environment
- Personalisation of services and technology
- Re-enablement
- User-focussed decision making
- Information to support decisions about risk and responsibility
- Homecare support

The workshop is free, but places are limited. It is aimed at experts, policy makers and practitioners from housing, health, social work, and academia. It will include service users.

To reserve a place, please contact: [ay4@stir.ac.uk](mailto:ay4@stir.ac.uk) or telephone Alannah Young on 01786 466948.

## Westbank Open Day



**WESTBANK DAY HOSPITAL  
OPEN DAY**

For all Staff  
Thursday, 8 October 2009

We deliver a service for people with severe and enduring mental illness.  
Our open day is to raise awareness of what we do and the service we provide.

*Drop in any time between 10.00 am and 4.00 pm*  
Westbank Day Hospital  
Westbridge Street, Falkirk, FK1 5RQ  
01324 624111

The poster features a yellow background with a black-bordered central box. At the top, the text 'WESTBANK DAY HOSPITAL OPEN DAY' is written in a bold, black, sans-serif font. Below this, the text 'For all Staff' and 'Thursday, 8 October 2009' is centered. To the left of the text is a cartoon character with a yellow face, a hand pointing up, and the text 'Don't FORGET!' above it. To the right is a blue door icon with a green cloud-like shape behind it. Below the main text, there are two lines of text: 'We deliver a service for people with severe and enduring mental illness.' and 'Our open day is to raise awareness of what we do and the service we provide.' At the bottom, there is a line of italicized text: 'Drop in any time between 10.00 am and 4.00 pm', followed by the hospital's name, address, and phone number.

## Charities Christmas Event

Albert Halls, Stirling

Saturday, 21<sup>st</sup> November

CVS Stirling's ever-popular annual **Charities Christmas Event** will take place at the above date and venue. We will bring you full details nearer the time.

In the meantime, if your organisation would like to book a table, please get in touch with us (phone 01786 469916, email [linda.flockhart@cvs-stirling.org.uk](mailto:linda.flockhart@cvs-stirling.org.uk) ) to notify your interest.

[Back to top](#)

## TRAINING & RESOURCES

### Practical Problems Sensible Solutions 2009

**A National Training Event for Part-time and Voluntary Youth Workers**

Hilton Edinburgh Airport Hotel

Saturday 31<sup>st</sup> October – Sunday 1<sup>st</sup> November



Youth Scotland's **Practical Problems Sensible Solutions** training event has been specifically designed to address the needs of part-time and voluntary youth workers. This event offers youth workers the chance to undertake quality training, develop new skills and share their experiences with other people delivering grass roots youth work.

PPSS offers a choice of 17 workshop topics, delivered in one location in a single weekend. Participants will gain certification for all workshops attended, and a varied marketplace will be available with lots of free information and resources to take away.

New for 2009 are a series of brand new workshop topics. Weekend or day delegate options are available. For further information and how to book, please visit

[www.youthscotland.org.uk/training/ppss/ppss.htm](http://www.youthscotland.org.uk/training/ppss/ppss.htm) or email [office@youthscotland.org.uk](mailto:office@youthscotland.org.uk)

[Back to top](#)

## FUNDING & AWARDS

### Scottish Veterans Fund

The Scottish Veterans Fund (SVF) supports groups and organisations in providing assistance to Scotland's ex-Service personnel, their families and their dependents. The SVF is aimed at projects that deliver a new or innovative approach to veterans' issues, or that seek to develop areas and activities that are not currently funded by the Scottish Government or the Ministry of Defence. The benefit the project brings to ex-Service personnel, their families and their dependents, is the predominant measure of its value, not the scale of the project. For more information and eligibility criteria [visit their website](#).

The maximum level of funding available for individual projects is £10,000. **Deadline for 2009 applications is 17<sup>th</sup> October.**

### Cashback for Communities Fund 2008 - 2010

Grants are available for organisations which support young people aged 10-19, who are involved in or at risk of becoming involved in violence, alcohol, drugs and/or anti social behaviour. **Deadline for applications to round three is 31<sup>st</sup> October**. For more information on eligibility visit [www.cashbackscotland.com/](http://www.cashbackscotland.com/)

[Back to top](#)

## SOCIAL ENTERPRISE



### FREE Training for Forth Valley Businesses

Business Gateway is holding the following seminars in September and October, which should be of interest to any budding social enterprise or CIC. All are in Stirling Enterprise Park (STEP).

#### \* Marketing Your Business

23<sup>rd</sup> September, 6 -9 pm

Getting the marketing right is crucial to the success of any business. This workshop will help you to evaluate your competitors, identify your customers and understand what you need for effective marketing

#### \* Get Real Results From Your Website

21<sup>st</sup> October, 9.30 – 12.30

Considers what makes a good website - from human and technical perspectives - and looks at site planning, design and operational processes

#### \* Advertising & Promotion

29<sup>th</sup> October, 6 - 9 pm

This course considers the various advertising options available, looks at what's cost-effective and what's not when it comes to spend, and will help delegates formulate a basic advertising strategy.

For more information on any of the above, phone STEP on 01786 463416 or email [businessgateway@stirling-enterprise.co.uk](mailto:businessgateway@stirling-enterprise.co.uk)

[Back to top](#)

## GROUP NEWS

### SAAP's Sunny Launch



*Margaret Newman performs the ribbon cutting ceremony at the Norman MacEwan Centre to mark the official launch of SAAP.*

The Norman MacEwan Centre was decked out with bunting and balloons for SAAP's **Launch and Open Day** on 28<sup>th</sup> August. Even the sun came out in celebration!

The afternoon was packed with things to see and do for all ages. Juggling, balloon modelling, face painting and caricatures kept visitors entertained (they could even have a go at some of the activities themselves), while a generous buffet ensured everyone was well-fuelled throughout the afternoon.

It wasn't just fun and games though, and an important part of the event was informing and raising public awareness about the work of SAAP and the other groups taking part. CVS Stirling, CAB, Stirling Health & Wellbeing Alliance and Albion Allotments all had displays, and a Disability Awareness table gave people the chance to experience at first hand what it would be like to live with a disability, such as be sight-impaired, or have to use crutches or a wheelchair.

Thanks to all the groups who participated – and to the enquiring members of the public who came along – SAAP's launch turned out to be a memorable occasion.



*.. the juggler enthralled us with his skills (and patter).*



*Face painting by Lee from CVS was much in demand.*



*Balloon modeller Paul shows how it's done.*



*The Disability Awareness table was one of several displays.*

**More images** of the day can be seen on the CVS Stirling website at [www.cvs-stirling.org.uk/News.htm](http://www.cvs-stirling.org.uk/News.htm) , and there will be a **full report** of the event in the September issue of SAAP News, due out at the end of the month.

*If you would like to receive SAAP News regularly (email or mail) please contact us at CVS Stirling and we will add you to the distribution list.*

## Swingers & Ringers Wanted



Dunblane Cathedral, which has the largest set of handbells in Scotland, has a vacancy for a bass-bell ringer in their adult concert group. They are particularly looking for someone, male or female, who would like to make music with bass handbells each weighing from 2lbs to 8lbs (*ringing handbells also provides a good upper-body cardiovascular workout!*).

No ringing experience is necessary as training will be provided, but you would need to be able to read music.

Rehearsals are on Sunday evenings from 7.30 pm - 9.15 pm in the Cathedral.

There is also an adult handbell group which welcomes **complete beginners** and which uses smaller and lighter handbells. This group would particularly welcome new adult ringers to a 10-week course beginning 13<sup>th</sup> September.

If either of these opportunities sounds up your street then give Malcolm Wilson a call on 01786 825387 or e-mail [handbells@dunblanecathedral.org.uk](mailto:handbells@dunblanecathedral.org.uk) You can see videos of the group in action on Dunblane Cathedral website [www.dunblanecathedral.org.uk](http://www.dunblanecathedral.org.uk)

## Games Going for Grabs ...

The **CFSLA (Clackmannanshire , Falkirk , Stirling Local Authority) Payroll Lottery** committee has bought a number of **GIANT GAMES** which it's offering FREE to local community groups and charities. Boxes of Compendiums of games, Connect 4 and Lawn Darts are all available.



Any community group or charity who wants to apply should write to the CFSA payroll lottery Committee, Unit 1, 9 Ward Street. Alloa FK10 1ER or e.mail [lottery\\_russell@hotmail.co.uk](mailto:lottery_russell@hotmail.co.uk) before 18<sup>th</sup> September. All applications will be considered and the best ones received will have one or more games donated to them.

Groups who want to apply for more equipment can download applications forms from the website [www.cfsla.org.uk](http://www.cfsla.org.uk).

Successful applicants will be contacted as soon as possible after the next committee meeting on week commencing 21<sup>st</sup> September.

[Back to top](#)

## OTHER NEWS

### New Sexual Health Website

A new website is being launched by **NHS Forth Valley** which could be useful to voluntary groups dealing with health and wellbeing issues or with young people.

The initiative, a joint project between the sexual health team and health promotion, provides information on local sexual health services and gives advice on sexual health and wellbeing topics, including sexually transmitted infections, contraception and pregnancy. There are also links to other recommended sites.

*There are specific sections for young people, adults, parents and carers, with relevant topics such as puberty, accessing chlamydia testing and condoms.*

Health professionals will also be able to log in to access protocols, good practice guidance provided for GPs, research and relevant reports which could be invaluable to those in education.

The website at [www.centralexualhealth.org](http://www.centralexualhealth.org) goes live next week, on September 18<sup>th</sup>.

## ME TOO! Project

**Outside the Box**, the organisation that provides training, advice and assistance to people from communities in Scotland who want to make changes, has been approached by members of the LGBT (Lesbian, Gay, Bisexual and Transvestite) community who have had experience of domestic abuse. They would like to see more appropriate services for people in this situation, services which are

- ☑ Sensitive to the circumstances of people who are in a same-sex relationship
- ☑ Easy to access on a confidential basis
- ☑ Meet the needs of everyone who is going through domestic abuse at the moment and work for people who have left an abusive relationship.

Other people may need support because they are worried about a friend or relative who is suffering from Domestic Abuse. We want to make sure that their needs and views are listened to as well.

The first stage is gathering information about what sorts of services people would find helpful, and Outside the Box want to hear from people who have an interest in this topic.

There is a short survey which you can access through the Outside the Box website. It is entirely confidential and anonymous. You do not have to give your contact details if you do not want to. The survey will run **until the end of September**.

You can find out more on the Outside the Box website [www.otbds.org](http://www.otbds.org), where you will also find a link to the survey. Or you can phone: 0141 445 3062 or email [admin@otbds.org](mailto:admin@otbds.org)

**'Outside the Box' works with individual people, informal networks or groups, and smaller organisations:**

- groups that are led by disabled or older people
- groups that support people who are living with the consequences of poverty or social isolation
- groups which are led by, or are supporting, people who are also experiencing additional barriers, for example as a consequence of age, ethnicity, gender or sexuality
- individual people, families, friends and other informal carers.

[Back to top](#)