

# CVS Stirling e-Bulletin –20<sup>th</sup> June 2008

**There's a definite green tinge to this week's e-Bulletin, as we report on Stirling's carbon-neutral bid and the Beautiful Scotland campaign – not to mention open-air events to make the most of the (hopefully!) fine Summer weather.**

Comments and suggestions for the website and eBulletin are welcome. Emails to: [lee.stevenson@cvs-stirling.org.uk](mailto:lee.stevenson@cvs-stirling.org.uk).



Deadline for contributions for Friday's bulletin is the previous Monday. If you have any queries, please call 01786 469916 and ask for Lee or Donald.

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## **FORTHCOMING EVENTS**

### **Civicus Rally**

Kelvingrove Park, Glasgow  
Saturday, 21<sup>st</sup> June, 10.30 am

If you're in Glasgow tomorrow for *The Gathering*, **Civicus** (The World Alliance for Citizen Participation) is holding an **open air rally** against global poverty and injustice. It has been organised by the young people at the Civicus Youth Assembly (part of the Civicus World Assembly, hosted by SCVO).

The event marks the finish of the third – and final - Civicus World Assembly in Glasgow, and will feature a range of international bands and speakers. Fittingly, too, it is the 60<sup>th</sup> anniversary of the Universal Declaration of Human Rights.

For more on the Assembly and the issues it addresses, visit [www.civicusassembly.org](http://www.civicusassembly.org)



## Anti Poverty Events

Five events across Scotland:

23 June: Glasgow, Jury's Hotel, 80 Jamaica Street

27 June: Dundee, Dundee Heritage Trust, Discovery Point, Discovery Quay,

30 June (TBC): Western Isles, (Venue to be confirmed)

1 July: Inverness, Netley Centre, 1 Bishops Road

4 July: Edinburgh, City Chambers Business Centre, High Street

10.30am - 2.30 pm (Registration 10-10.30 am)

**Community Planning Partnerships** are invited to attend one of a series of joint Scottish Government/COSLA Consultation Events on the discussion paper *Tackling Poverty, Inequality and Deprivation in Scotland*, launched earlier this year. ([www.scotland.gov.uk/Publications/2008/02/01150409/18](http://www.scotland.gov.uk/Publications/2008/02/01150409/18)).

Consultation on that document will lead to the Scottish Government's Anti-Poverty Framework later in 2008. At the heart of this will be a delivery plan for the Solidarity Target in the Government Economic Strategy:

*"To increase overall income and the proportion of income earned by the lowest three income deciles as a group by 2017"*

These events are designed to allow CPPs to feed their views into this consultation process and start to determine the role CPPs can play in delivery of the Anti-Poverty Framework.

The events will feature Presentations on the following topics:

- What does poverty look like in Scotland?
- The Discussion Paper on *Tackling Poverty, Inequality and Deprivation*
- *Tackling Poverty, Inequality and Deprivation* through Single Outcome Agreements: Role of the Fairer Scotland Fund (FSF)
- Questions (15 minutes)
- Break-out groups
- Where can CPPs add most value to this agenda?
- What support is required?

These will be followed by a report back & discussion. If you are interested in attending any of these events, contact Kristen Miller, email [kristen@cosla.gov.uk](mailto:kristen@cosla.gov.uk)

## **BTCV Stirling Volunteering Opportunities - Midweek Groups**

Meeting point: Stirling Train Station

Wednesdays & Thursdays, 9.30 – 4 pm

If you're looking for some volunteering activity that will benefit your local environment (and get you out into the fresh air), the British Trust for Conservation Volunteers (BTCV) have just the thing.

Just register in advance with Charlie Fairbairn (*contact details below*) and turn up with a packed lunch, and suitable outdoor clothes and footwear.

You could find yourself involved in any of a wide variety of jobs: rhododendrum management, drystone walling, creating and repairing footpaths, installing gates, or working with nursery and primary schools to create gardens or wildlife areas for them. The tasks vary each week, so for more detailed information about what is happening that week it's best to e-mail or phone. (NB – suitable for adults only).

Contact: Charlie Fairbairn 01786 479 697 Email [c.fairbairn@btcv.org.uk](mailto:c.fairbairn@btcv.org.uk)



## **Stirling Countryside Action Day**

Sunday, 1<sup>st</sup> July, 10 am – 3 pm

Killlearn Glen

A day of practical conservation and woodland management under the guidance of a Ranger. Phone Dougie Flynn in advance for details on 01786 442439.

There will be another action day in Strathblane on Tuesday, 29<sup>th</sup> July (same hours) to help improve the paths in the area. Phone Steve Cole, 01786 442932.



## **Wrong Trousers Day**

Friday 27<sup>th</sup> June, nation-wide

Yes, you heard right - *Wrong Trousers Day*. But behind the somewhat wacky notion, there's a serious purpose. **Wallace & Gromit's Children's Foundation**, which is organising the event, is a national charity raising funds to improve the quality of life for children in hospitals and hospices throughout the UK, and to ensure they have a chance of better, brighter future.

The Foundation is looking for volunteer fundraisers to join the thousands of people, at work, school and nursery in celebrating the first musical Wrong Trousers Day and raising money to help sick children.

To register to take part and receive a free Wrong Trousers Day Fundraising pack visit the website [www.wallaceandgromitfoundation.org](http://www.wallaceandgromitfoundation.org)



## **Using Drama Skills to Promote Mental Wellbeing in Children and Young People**

### ***An Introductory Course***

Playfield Institute

Webster Theatre Studio, 64 High Street, Arbroath, Angus DD11 1AW

15,22,29 September; 6,20,27 October; 3,10 November

4pm-6pm

Cost: 9 session course, £350 per participant

This course is being sponsored by the **Playfield Institute**, which (through NHS Fife) provides assistance and support to frontline workers directly or indirectly involved in the promotion and care of children and young people's mental health and wellbeing.

The Scottish Executive have emphasised the need for all workers to take responsibility for improving the mental health and wellbeing of young people. Creativity is a key strategic tool.

All children and young people should have the chance to learn and develop, to feel confident and to feel good about themselves. Being creative gives people curiosity and confidence, raises self-esteem, self-belief and develops new communication tools. It provides the opportunity for children and young people to unleash their imagination. It helps people achieve something that they might not have thought presently possible.

The course is aimed at those working with groups of children or young people with possible emotional or behavioural problems e.g. teachers, psychologists, health workers, youth workers, family workers, residential care workers, etc.

They will explore the possibilities and effects of using drama skills in group work with children and young people to promote creativity and emotional wellbeing. Practical workshops will be involved, as well as time to reflect and record the drama process. Participants will experience and practise the skills involved in a relaxed group setting.

Learning outcomes:

- Acquire transferable skills which the participants can adapt for use with their specific groups
- Release the power of the imagination of the participants in a safe and create environment
- Develop confidence in integrating drama skills into work with children and young people

To book a place on this course contact [playfield.training@nhs.net](mailto:playfield.training@nhs.net). To find out more about Playfield Institute please visit the website [www.playfieldinstitute.co.uk](http://www.playfieldinstitute.co.uk).



### **'Consuming Issues'**

#### ***Citizens Advice Scotland Annual Conference***

Heriot-Watt University, Riccarton, Edinburgh

13 and 14<sup>th</sup> August

COST: different pricing packages for Charities, NFP and Commercial organisations

The annual CAS Conference is now **open for booking**. On the agenda this year will be

- the impact of the credit crunch - specifically, on the most vulnerable
- local issues – how can local advice services meet the changing needs of Scotland's citizens?
- 'advice through the looking glass' - how legal and technical changes will impact on the CAS's work in the near future.

The event will also feature the **Progress Towards Equality Conference** (Free), a half-day devoted to discrimination and human rights issues.

**Booking closes on July 4<sup>th</sup>**. Phone Kate Hinder on 0131 550 1018 or email [kate.hinder@cas.org.uk](mailto:kate.hinder@cas.org.uk). Or visit [www.cas.org.uk](http://www.cas.org.uk).

## ***GROUP NEWS***

### **Senscot AGM**

Glasgow Opportunities, George House, North Hanover Street, Glasgow  
Thursday 26th June 2008, 12.30 - 3pm.

Places are limited - for details and a full agenda, email [karina@senscot.net](mailto:karina@senscot.net)

## ***TRAINING and RESOURCES***

### **Proofed for Parents by Parents**

#### ***A FREE Policy & Practice Review Toolkit for Voluntary Groups***

**Single Parent Action Network (SPAN)** is well placed to understand the problems faced by a working single parent. Single-handedly juggling employment with raising children can be exhausting, difficult to sustain in today's flexible labour market, reduce job choices and render career aspirations obsolete.

So the SPAN has developed a free toolkit for the voluntary sector to help parents train, volunteer, sustain paid work and realise their career ambitions. By completing the toolkit's straightforward 3-step framework and flexible action plans you can:

- Set, meet and monitor targets for lone parent inclusion
- Maximise your funding by meeting lone parent inclusion targets
- Adapt your policies to meet the needs, views and priorities of parents
- Review your service to ensure it's grounded in the everyday lives of parents
- Transform parents' lives by giving them real opportunities to move forward
- Enrich your understanding of the complex lives and multiple needs of single parents
- Reach out to an often socially excluded group

Useful case studies and practice points are also included. Download *Proofed for Parents by Parents: Toolkit* for free from the SPAN website [www.singleparents.org.uk](http://www.singleparents.org.uk) and make sure your organisation is family-fit for purpose.

For further information or a hard copy contact Sorrel Parsons at Single Parent Action Network's Participatory One Parent Proofing (POPP) team at [sorrel@spanuk.org.uk](mailto:sorrel@spanuk.org.uk) , or phone 0117 9514231.

## **FUNDING**

### **Historic Scotland Opens Direct Funding for Voluntary Sector**

Historic Scotland's annual funding application round for 2009-10 has now begun. Voluntary Sector organisations that provide services or input to the Historic Environment Sector can apply – but be warned, the demand for grant assistance is likely to be high and priority will be given to projects and activities that fit in with Historic Scotland's own agenda.

Guidance notes and an application form for the 2008 round can be downloaded from [www.historic-scotland.gov.uk/index/heritage/grants/grants-voluntary-sector-funding.htm](http://www.historic-scotland.gov.uk/index/heritage/grants/grants-voluntary-sector-funding.htm). Closing date for submission is **30<sup>th</sup> November**.



### **Gateway Exchange Fund**

The Gateway Exchange Fund aims to support those who are seeking funding assistance to promote healing, creative self expression, transformation and renewal through innovative projects which can make a difference in areas of deprivation and need throughout Scotland.

Grant awards of up to £5,000 will be available to constitution, not for profit groups. Priority for grant awards will be given to projects which seek to involve or empower people to move on with their lives or fulfil their potential, where they would otherwise not have the opportunity. For example, ex-offenders, people recovering from addiction or individuals with mental health problems or recovering from abuse. In particular, creative projects involving the arts or those with therapeutic, healing and spiritual benefits will be a priority.

The fund does not receive direct applications, so please apply via the **Scottish Community Foundation** on 0131 524 0300 or 0141 225 6670. Or to read more about it go to [www.scottishcf.org/page11264.cfm](http://www.scottishcf.org/page11264.cfm).

## **OTHER NEWS**

### **Beautiful Scotland Campaign**

Small communities throughout Scotland are invited to take part in the **Beautiful Scotland Campaign's Neighbourhood Awards** initiative to help improve local environments.

Projects might include planting trees, shrubs or seasonal bedding displays to enhance a streetscape, encouraging recycling or waste clean-up, or actions to

reduce vandalism, graffiti etc. The only criteria are (1) they benefit the local surroundings, and (2) they can be built on in the future.

Keith Jackson, chairman of the Beautiful Scotland Advisory Group, said, *"Not only does taking part in the Awards help to transform the local environment, it's a fantastic way increase civic pride and make communities better places to live."* For the volunteers who get involved it's healthy, outdoor activity – hard work, but fun.

All communities that become involved will get advice and guidance from Beautiful Scotland judges at assessments in August, and will be recognised at the annual awards ceremony in November.

Entry forms and further information are available from the website [www.beautifulscotland.org.uk](http://www.beautifulscotland.org.uk), or by phoning 01786 471333. **Closing date for entries is Friday, 27<sup>th</sup> June.**



### **Stirling To Take the Lead**

Stirling is bidding to become the UK's first carbon-neutral city! **Going Carbon Neutral Stirling (GCNS)** has received funding totalling £1.25 m from The Big Lottery Fund and the Scottish Government to kick-start the scheme

At present, people's average carbon footprint is 12 tonnes per year – the target is to reduce this to a sustainable 1 tonne. All communities and individuals in the Stirling area will be encouraged to get involved, whether it's by cutting carbon dioxide emissions from businesses, or just changing to energy saving light bulbs. So if you thought a carbon footprint was something to do with muddy wellies, prepare to be enlightened!

GCNS is a programme of the Stirling-based **Keep Scotland Beautiful**. To find out how you can get involved in the programme, or to get useful hints on reducing your carbon footprint, visit [www.goingcarbonneutralstirling.org.uk/](http://www.goingcarbonneutralstirling.org.uk/)

### ***FUNDER OF THE WEEK: CashBack for Communities***

**CashBack For Communities** is one of the newest funding bodies to feature as our 'Funder of the Week.'

Launched by Justice Minister Kenny MacAskill in January 2008, the basic idea is simple: to use the cash seized from



criminals to benefit communities. In fact, it claims to 'do what it says on the tin'.

The assets involved are seized through the Proceeds of Crime Act 2002. The main objective of the programme is to provide a wide range of positive activities for young people between the ages of 10 and 19 years across Scotland.

CashBack For Communities aims to make a visible difference in local areas, increasing sports and arts opportunities for young people to ensure they have positive options to pursue.

To date, the scheme has funded sports activities, including football and rugby projects, but it also funds club nights, sports tournaments, shows, gigs, dance, drama and lots more. The emphasis is on **local** projects that are **free** to young people.

YouthLink Scotland administer the £3 million community fund to consider grant applications from organisations and individuals who wish to start up, or extend, projects for young people. They have been processing the 500+ applications from the first round of funding.

**Last week, the first grants from the fund were announced, with 110 youth projects sharing over £1 million in cash.**

The Arts and Culture strand of CashBack For Communities was announced on 15th May, with £600,000 being placed into a fund for youth dance, music, drama and other arts projects. The fund, which will be administered by **Arts and Business Scotland**, will encourage Scottish businesses to match every £1 of government investment. This will effectively double the money and release a minimum of £1,200,000 over the next two years. The funds will be used to promote social inclusion through the arts for 'looked after' young people and young carers between the ages of 10 and 19 years.

It will be possible to apply for funding from Arts and Business Scotland soon – keep an eye on the website [www.aandb.org.uk/scotland/](http://www.aandb.org.uk/scotland/) for latest details.

YouthLink Scotland has just announced that the **deadline** for the 2<sup>nd</sup> round of funding is **Friday, 29 August**. Visit [www.cashbackscotland.com](http://www.cashbackscotland.com) for details on eligibility and how to apply.

Young people who want to be kept informed of local events and activities funded by CashBack For Communities can register on the website, or text CashBack to 61611.

